

ADULT FORENSIC PSYCHIATRIC OUT PATIENT SERVICES

PROGRESS NOTES

DATE	NAME	FILE #
	GAO, FENG	
94.08.02	Attended for appointment. Appeared sleepy. States he had some difficulty sleeping & attributed this to the hot weather. Has been utilizing ^{evening} zimovane on occasion. Mental status continues as previous. Will see Aug 23.	5.19(c)(g)
94.08.23	On time for appointment. Presented as relaxed & calm. States to continue to have sporadic difficulties in his sleep but has slept his regular hrs 0100-0800 hrs past week. Mr. GAO reports past initial insomnia as well as early morning awakening. Mr. GAO was encouraged to use his P.R.N. medication for sleep as required. Mr. GAO continued to express his hesitancy towards any type of medications. He not heard about any job prospects & states that he is content to wait for some in res alternate plans. Mother in Canada until December 94 & Mr. GAO expressed a desire for his mother to remain in Canada. He admits that if his mother leaves & he is not employed it will n his stress.	5.19(c)(g)

14 5.19(c)(g)

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DATE	NAME	FILE #
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94.08.3	(cont) level. Will continue to see Q3 weeks Next appointment Sept 13/94.	3.19(1)(a)
94.09.13	Attended early for appointment but wanted Patiently for writer. Presented as calm + relaxed during IV. States his sleep has improved, still 1hr initial insomnia but getting @ 7hrs of sleep a night + feeling rested. Attributes improvement to n his activity during the day i.e. going up walks. States that he is trying to focus on varying his sleep as to refrain from becoming bored or restless but it's limited financially. more he states is o.k. Denies being depressed or suicidal. Denies being anxious enough + states he feels peaceful. Mother still has not heard from immigration + her Visa expires December 31/94. If mother is not granted immigrant status Mr Gao plans to return to China with his mother until she can return. then Gao states that he feels he need to continue to stay w/ his mother either in Canada or in China. He will discuss this w/ his probation officer as to his permission or restrictions for leaving. Refugee	

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94.09.13 (cont)	He country. Mr. GAO was not heard of any employment opportunities & does not have any other plans other than staying in his mother. Mr. GAO does not wish to work or any other plans at present. There was no evidence of any psychotic symptoms during I/Ir. Mr. GAO remains goal directed in his thoughts. He denies any perceptual disturbances. He continues to be compliant in his probation order & peace benefit. Will see Mr. GAO in ③ weeks.	5.19(1)(a)
94.10.04.	Seen by writer, in absence of primary worker.	
1510	No changes in lifestyle, no responses to job applications - he speculates because if a potential employer contacted U.B.C. where he was employed, they'd likely disclose his behaviors when his contract expired. Pleasant & co-operative throughout interview. Next appt. in primary therapist Oct. 23/94. ① books.	
94.10.25	Attended on time. Seen briefly. Mr. GAO presented as somewhat guarded. States "Everything is fine." "Everything has been staying the same." Pleasant & bright affect throughout. Sleeps well utilizing medications P.R. Speech (cont)	5.19(1)(a)